

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Memorial Research Institute, Gurugram



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Mohali



Fortis Escorts Heart Institute, Okhla, New Delhi

Fortis Celebrates
INTERNATIONAL
NURSES DAY




Fortis, La Femme, GK-2, New Delhi



Fortis Hospital, Anandapur, Kolkata



FHKI, Kolkata



Fortis Malar Hospital, Chennai



Fortis Escorts Hospital, Amritsar



Fortis BG Road, Bangalore



Fortis C-DOC, New Delhi



Fortis Escorts Hospital, Faridabad

Message from the MD & CEO



Dear Colleagues,

At the very outset, wish you a very happy Nurses Day! I take this opportunity to congratulate all our nurses for being our Brand Ambassadors and doing a great job of caring for all our patients, every day.

We have just entered a new financial year. Before we move ahead, I would like to take a moment and look back at the previous one, and share a few thoughts. At around this time last year, the second wave of COVID-19 was at its peak. We witnessed many nightmarish scenes and had to fight not only an invisible enemy but also a sense of anguish, despair and helplessness. Our doctors, nurses, paramedics and other front-line staff did a commendable job of taking care of all our patients, in spite of the significant personal risks. I am indebted to all our COVID warriors for their enormous contribution. In retrospect, I feel a great sense of satisfaction at the way we rallied together as an organisation and faced the unprecedented crisis. We have learnt the lessons well and are taking concrete, corrective steps. The recent surge in the number of COVID cases underscores the need to take necessary precautions and adopt COVID appropriate behaviour.

The future appears promising, and I believe that we are at a point in our journey where we need to work together cohesively whilst staying focused on our goal. We have taken several steps forward to transition into the future. Many of these thoughts were discussed at the recently concluded two-day Leadership Retreat held at Gurugram. The theme of the event was 'Shift to Flourishing' and the aim was to align the leadership and make sure that we dovetail with each other, coordinate seamlessly and work more effectively. The presence of the IHH leadership team members added a fresh global perspective and relevance.

As we move into the new financial year, I believe there is an opportunity to get better through a process of continuous improvement. As we do that and as we redouble our efforts, we will certainly become better at things that matter the most: Clinical Excellence and Patient Care.

I am sure that we will have your unflinching support as we get ready for the future.

Regards,
Dr A. Raghuvanshi
MD & CEO

New Beginnings & Launches

Fortis Hospital, Shalimar Bagh, New Delhi, gets new Vacuum Swing Adsorption (VSA) Oxygen Plant

A Vacuum Swing Adsorption (VSA) Oxygen Plant was inaugurated at Fortis Hospital, Shalimar Bagh, New Delhi, on February 4, 2022. The plant was inaugurated by Mr Anil Vinayak, Group COO, Dr Bishnu Panigrahi, Head – MSOG and Mr Mahipal Singh Bhanot, Head – SBU. The event was graced by the hospital leadership team. The plant has a capacity of generating 500 liters of oxygen per minute and is spread across an area of 380 sq. ft.



Glimpses of the event

Renovated Operation Theatre complex inaugurated at Fortis Malar, Chennai



Glimpses of the inauguration ceremony

The renovated Operation Theatre Complex at Fortis Malar Hospital, Chennai, was inaugurated on March 10, 2022, by Dr Ashutosh Raghuvanshi, MD & CEO, in the presence of Ms Richa S. Debgupta, Chief of Strategy & Operations, and the hospital leadership team members, including Dr Nithya Ramamurthy, Senior Consultant - Gynaecology and the other department heads.

A significant amount of planning and coordination went into ensuring that hospital operations continued unhindered in spite of the renovation activity. The feat was achieved with the willing cooperation of the Administration team, the Medical team, including Surgeons, Nurses, Paramedics and others, as well as the Engineering, Maintenance, Projects and Bio Medical teams, among others.

SL Raheja Hospital, Mahim - A Fortis Associate launches 'Patient Experience – 247' initiative for in-patients



(Seated) Dr Anil Boraskar, Senior Consultant-Diabetologist, along with the Patient Welfare Executives Ms Neha Tapre, Ms Corsina Gurav, Mr Deepak Kadam, Ms Komal Salunke, Ms Karishma Nakwa, Ms Amrita Kumar, Head-Patient Care Services, Ms Rekha Ajay, Manager-Administration, and (back) Dr Ashutosh Pandey, Unit Head- Administration, SL Raheja Hospital, Mahim - A Fortis Associate



(L-R) Ms Amrita Kumar, Head-Patient Care Services, Ms Rekha Ajay, Manager-Administration, Patient Welfare Executives Ms Neha Tapre, Ms Corsina Gurav, Mr Deepak Kadam, Ms Komal Salunke, Ms Karishma Nakwa, and Dr Ashutosh Pandey, Unit Head-Administration, SL Raheja Hospital, Mahim - A Fortis Associate



C) Dr Kunal Punamiya, CEO, SL Raheja Hospital, Mahim - A Fortis Associate is joined by clinicians and the 247 team as he unveils the tabletop guidebook

SL Raheja Hospital, Mahim - A Fortis Associate, has launched the Patient Experience – 247 initiative on February 16, 2022. As part of the initiative, a five-member team is available for patient care round-the-clock. The team helps in-patients with admissions, bed side requirements and discharges. The team members have undergone extensive cross-functional training, enabling them to efficiently handle the issues frequently encountered by patients. 247 is backed up by robust technical support. Patients just need to dial 247 from any telephone in the hospital to get connected to the Patient Care Team. The initiative aims to improve patient experience by ensuring easy accessibility, end-to-end and quick resolution of queries and single channel of communication. A tabletop patient information guide has also been introduced. The guide consists of key information such as patients' rights and responsibilities, measures to ensure fall prevention, handwashing techniques, medication safety and dos and don'ts regarding basic hospital policies.

'Team 247 is a good concept and a fantastic value addition. SL Raheja Hospital, Mahim, is first to have the PE team round the clock, and it will surely help enhance Patient Experience,' said Dr Geetika Jassal, Head-Patient Welfare, Fortis Healthcare.

Fortis Hospital, Kolkata launches Information Centre for Bangladeshi nationals



Team Fortis in front of Fortis International Information Centre



Ms Richa S Debgupta along with other dignitaries present inaugurating the Fortis Information Centre

With an aim to provide world-class healthcare facilities to Bangladeshi nationals, Fortis Kolkata launched an information centre at Marquis Street, Kolkata. The information centre will provide information related to doctor appointments, diagnostic procedures, hospital admissions, elective surgeries and out-patient care among others so that the citizens from Bangladesh can receive all the

relevant information they require without having to travel physically to hospitals across the city. Additionally, the patients can also use this Centre to conduct online consultations with doctors and clarify any doubts about their treatment plan or symptoms.

Ms Richa S Debgupta, Senior Vice President, Fortis Hospitals Limited, said, "The Information Centre will act as an harbinger of all the required medical information. It will provide all the related information to patients who are looking for advanced healthcare treatment options. Additionally, with patients receiving all the important information they require for their treatment process, it will become easier for them to plan their treatment course without engaging in physical travel to a hospital in India without any prior information/appointment."

Fortis Shalimar Bagh, New Delhi, launches dedicated, state-of-the-art Mother and Child Care Wing



Glimpses of the inauguration ceremony and the new wing

Fortis Hospital, Shalimar Bagh, New Delhi, launched a state-of-the-art mother and child care wing on February 24, 2022. The inauguration ceremony was attended by Mr Mahipal Singh Bhanot, Head - SBU, Shalimar Bagh, senior clinicians and staff members of the hospital. The new wing offers comprehensive, end-to-end services in radiology, diagnostics, obstetric surgeries and includes an exclusive gynaecology emergency section. With this expansion in infrastructure, the hospital has added best in class technologies that will be steered by highly skilled clinical leaders in obstetrics and gynaecology, IVF, genetic medicine, neonatology, paediatrics and paediatric sub-specialities. It will be further backed by a comprehensive set-up under one roof to tackle any maternal and childcare emergencies.

Mr Mahipal Singh Bhanot, Head - SBU added, "The services have been meticulously planned so that we can partner a woman through her journey from pregnancy to motherhood to her perimenopausal needs. The wing will provide a relaxing and peaceful ambience for both the mother and the child, backed by top-notch clinical care, technology and support services. The bouquet of services also includes assisted reproduction by IVF and allied technique."

Workplace Mental Health Initiative launched at Guardians of Health E-Conclave



Given the increasing recognition of mental health concerns, particularly in the post-pandemic era, the Fortis National Mental Health Program has started a comprehensive Workplace Mental Health initiative under the aegis of the Fortis Guardians of Health Program for corporates. Designed with the aim of creating awareness and providing access to mental health care using tele-health, the program was launched by Mr Anil Vinayak, Group Coo, at an E-Conclave 'Prioritizing Mental Health at the Workplace'. With a session by Dr Samir Parikh, Director - Fortis Mental Health Program, the event was attended by HR heads/ Chief medical officers of over 800 private corporates across India.

Karnataka's most advanced Cath Lab inaugurated at Fortis Hospital, Cunningham Road, Bengaluru



Karnataka's most advanced Cath Lab was inaugurated at Fortis Hospital, Cunningham Road, Bengaluru, on February 10, 2022. The unit was inaugurated by Dr CN Manjunath, Professor & Head of Cardiology and Director of a prestigious Government-run institute, in the presence of Dr Vivek Jawali, Chairman - Cardiac Sciences & Hospital Executive Council, Fortis Hospitals, Bengaluru along with Dr Gopi A, Director - Interventional Cardiology, Dr Keshava, Director - Interventional Cardiology and Dr Sridhar S, Senior Consultant -Cardiology at Fortis Hospital, Cunningham Road.

Karnataka's first IORT system for breast cancer treatment launched at Fortis Cancer Institute, Bengaluru



The team of doctors after performing the first case of IORT

Fortis Hospital, Bannerghatta Road, Bengaluru, installed an Intraoperative radiotherapy (IORT) system for the treatment of breast cancer in December 2021. An online press conference was conducted on February 3, 2022, ahead of World Cancer Day to announce the installation and completion of four cases using the IORT system. This is Karnataka's first IORT system for cancer care.

IORT is a single dose of radiation given to selected cancer patients (mostly at an early stage of cancer or low risk cancer) that reduces a 30 – 40 day radiation therapy to just 30 - 40 minutes. The team of doctors led by Dr Sandeep Nayak, Director - Surgical Oncology and Dr Nisha Vishnu, Consultant - Radiation Oncology at Fortis Cancer Institute, Bannerghatta Road, have already performed four IORT procedure on patients with early stage breast cancers from December 2021 to January 2022.

Digital newsletter 'Healthy Bytes' launched as part of Guardians of Health programme



Dr A. Raghuvansi, MD & CEO, inaugurating the newsletter in the presence of Mr Anil Vinayak, Group COO and the Sales Team

Under the aegis of its exclusive Guardians of Health programme for Corporates, Fortis Healthcare launched a new digital newsletter, Healthy Bytes. The purpose of this newsletter is to educate all corporate employees about health related issues that often get overlooked. This will be a continuous effort from Fortis, and will be released on a quarterly basis. The Guardians of Health programme focusses on preventive health, sharing knowledge on health and wellness as well as providing services that will make Fortis the preferred healthcare partner for our corporate patrons.

Clinical Excellence

First In India: Pregnant woman fights blood cancer to deliver a healthy baby at Fortis, Gurugram



The team of doctors at FMRI along with the happy mother

A team of super specialist doctors led by Dr Meet Pritamchand Kumar, Consultant, Haematology, Institute of Blood Disorder and Dr Deepti Asthana, Senior Consultant, Gynaecology, Fortis Memorial Research Institute (FMRI), Gurugram successfully delivered a baby in a medically challenging case of the mother suffering from Hodgkin's lymphoma and was carrying a baby whose growth was stagnant for a month with almost nil amniotic fluid.

She was started on chemotherapy during her second trimester of pregnancy. As per the available medical literature and published papers, this is the first such case in India and among very few cases worldwide wherein a mother being treated for Hodgkin's lymphoma has successfully completed her pregnancy. In most similar cases, either the fetus does not survive or the baby passes away after birth. The patient had completed three cycles of chemotherapy before she delivered the healthy baby.

COVID positive patient undergoes emergency surgery at Fortis Rajajinagar, Bengaluru



Dr (Wg Cdr) A. Nagasubramaniam, Facility Director, Fortis, Rajajinagar along with the clinical team



The team of surgeons who led the surgery

A team of surgeons including Dr B. S. Ramesh, Dr Ganesh Shenoy and Dr Sandeep and the Anaesthesia team led by Dr Naveen Gowda at Fortis Hospital, Rajajinagar, Bengaluru, successfully performed an emergency surgery on a 51-year-old COVID positive patient who was diagnosed with Diverticular Perforation. The patient had multiple comorbidities such as Diabetes Mellitus and Hypertension. She could not get admission elsewhere as she was COVID positive. She was immediately admitted in the earmarked COVID wing at Fortis Rajajinagar. With deranged blood metabolic parameters revealing acute kidney injury, the patient needed resuscitation and the same was done immediately to stabilise the patient. Without wasting time, our Anaesthesia and Surgical teams counselled the family members about the high risks involved and once the family gave the necessary consent and clearance, the patient was taken up for emergency laparoscopic surgery under General Anaesthesia. During the laparoscopic surgery, the doctors were surprised to find that she also had perforation in the stomach, caused due to COVID-related vasculitis, and large pelvic abscess caused due to Diverticular Perforation. The pus was removed and the perforations were closed.

The patient was managed well in the ICU, with the caregivers taking all the necessary precautions for COVID. The patient was started on feeds through jejunostomy on the third day after surgery. Treatment for COVID also continued. Repeat COVID RT PCR test done on the seventh post-operative day was negative. The patient tolerated diet and was stable at the time of discharge.

Doctors at Fortis Vasant Kunj remove live botfly larvae from 32-year-old US national's eyelid, neck and arms



The patient with the doctors at Fortis Vasant Kunj



The botfly maggot being extracted



A botfly larva

A team of doctors comprising of Dr Mohammad Nadeem, Consultant and Head - Emergency, Dr Dheeraj, ER Physician, and Dr Narola Yangar from the Surgery Department at Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, treated a rare case of Myiasis (larva or maggot inside human tissue) and removed three live botfly larvae from the right eyelid, neck and arm of a 32-year-old woman from the United States. The patient, who had a recent travel history to the Amazon, had arrived at Fortis Vasant Kunj on January 25, 2022, with complaints of swelling in the right upper eyelid along with redness and tenderness. She said that she felt something moving inside her eyelids once in a while for the past 4-6 weeks. She had consulted doctors in the United States but her condition did not improve.

Elaborating further, Dr Nadeem said, "It was a very rare case of Myiasis. The diagnosis was made on the basis of her travel history and visual evidence of movements inside her skin. Dr Yangar from the Surgery Department successfully removed three live botfly larvae, which were almost 2 cm in size. One was removed from the right upper eyelid, the second one from the back of her neck and the third one from her right forearm. The procedure was completed in 10-15 minutes with all precautions and without any anaesthesia. The patient was discharged soon after.

Botfly larvae are internal parasites of mammals, including humans. The larvae burrow into the tissue and feed on underlying structures. Such cases have been reported earlier from tropical and subtropical regions such as Central and South America and Africa. In India, such cases have been reported mostly in rural areas, particularly in children, where the botflies enter either through the nose or through skin lesions.

Neurosurgery team at Fortis Hospital, Jaipur successfully conducted 26 life-saving Emergency Surgeries in COVID positive patients



At a time when the whole country was struggling with the covid pandemic and there was a fear of the unknown, a disease that was so terrifying and new for everyone. In these times when patients and doctors alike did not have the confidence of good outcomes, the Fortis Escorts Neurosurgery team emerged strong and fearless.

When patients who needed immediate neurosurgery due to trauma or a tumour that could

not wait for the end of the covid wave or wait until they turned negative the neurosurgery team comprising of Dr Hemant Bhartiya, HOD & Director, Dept. of Neurosurgery, Dr Vivek Vaid, Additional Director, Neurosurgery, Dr Sankalp Bhartiya, Consultant, Neurosurgery and Dr Akshay Mangal, Associate Consultant, Neurosurgery, conducted 26 Emergency Major Neurosurgical procedures in COVID 19 positive patients during this pandemic. Fortis Escorts Hospital Jaipur is one of the most trusted names in healthcare in the private sector.

This pandemic did not spare anyone and a number of the healthcare workers have suffered from covid during either the first or second wave as did Dr Vivek Vaid and Dr Sankalp Bhartiya who tested positive and also needed admission. They carried on courageously after being declared negative.

All these surgeries took place during the period of crisis where all hospitals were struggling with shortage of resources, whether in terms of manpower or materials.

First at Fortis: Robot-assisted paediatric kidney transplant performed at Fortis BG Road, Bengaluru



Patient and her family along with the team of doctors and the senior leadership team



Dr Mohan Keshavamurthy with his 12-year-old patient

Fortis Hospital, BG Road, Bengaluru, performed a Robot-assisted living donor kidney transplant on a 12-year-old girl child suffering from end-stage kidney failure. The team of doctors was led by Dr Mohan Keshavamurthy, Director - Urology, Uro-Oncology, Andrology, Uro-Gynaecology, Robotic Surgery & Transplantation and Dr Sreeharsha Harinatha from the Department of Urology, Uro-Oncology, Kidney Transplant and Robotic Surgery. A multi-disciplinary team of doctors including Dr Aashish Parekh, Consultant - Nephrology, Dr Yogesh Gupta, Consultant-Paediatrics and Dr Shivanand Patil, Consultant- Interventional Cardiology and the Anaesthesia team led by Dr Murali Chakravarthy Director, Anaesthesiology and Dr Ashok Anand, Consultant-Anaesthesiology were involved in treating the patient. This is the first case of Robot-assisted paediatric transplant in the Fortis network.

Dr Keshavamurthy explained, "The child was undergoing dialysis since a year and her condition was deteriorating. Owing to her critical condition, the mother decided to donate her kidney. We have performed a laparoscopic assisted donor nephrectomy and Da Vinci Xi Robot assisted Paediatric Renal Transplant recipient surgery. The child has recovered fully. She had come to the hospital on a wheelchair and returned home walking with infectious energy."

Emergency Caesarian surgery at Fortis Nagarbhavi, Bengaluru, saves 47-year-old COVID-19 positive patient's twins



(L-R) Dr Niranjana, Senior Consultant - Neonatology & Paediatrician, Dr MD Majeed Pasha, Consultant - Pulmonology, Chest & Sleep Medicine, Dr Pradeep Kumar, Consultant - Anaesthesia & Medical Superintendent, Dr Chandrika Anand, Senior Consultant - Obstetrics & Gynaecology, Dr Akhila, Attending Consultant, Dr Anantha Padmanabhan, Specialist - Internal Medicine & Diabetologist, Dr Lokesh, Consultant - Paediatrician and Neonatologist



The patient

A pregnant 47-year-old COVID positive woman, who also suffered from multiple complications, successfully underwent a complex emergency Lower Segment Caesarean Section (LSCS) surgery at Fortis Hospital, Nagarbhavi, Bengaluru on January 15, 2022. The surgery was necessitated as her amniotic sac had begun leaking. Despite a stormy pregnancy and a last-minute scare, the patient is now with her twins, thanks to the dedicated team effort put in by the OT Team, ICU Team, NICU Team, Physicians, Pulmonologists, the Obstetric Team and the hospital management.

The patient had conceived through IVF. It was a high risk pregnancy due to her advanced age. Additionally, she was found to have gestational diabetes at 28 weeks of gestation and developed high blood pressure at 30 weeks of gestation, requiring treatment with anti-hypertensives. She was admitted to the ICU at Fortis Nagarbhavi on January 13, 2022. She was closely monitored by the intensive care team, physician, pulmonologist, obstetrician and cardiologist, leading to symptomatic improvement.

A selective LSCS was planned at 34 weeks of gestation in view of the twin pregnancy. However, she was found to be COVID positive during regular screening and was re-admitted to the ICU. On the fourth day of her ICU stay, the amniotic fluid began leaking. In view of twin gestation, a decision was taken to perform emergency LSCS (high risk category) immediately. The surgery went off well and she delivered twins, a boy weighing 1.2 kg and a girl weighing 1.7 kg. Both the babies were immediately shifted to NICU for pre-term care and the patient was shifted back to the ICU. The babies continued to stay in NICU under the able care of the neonatologist for 10 days and were discharged on January 29, 2022.

Western India's first Robotic Cruciate-retaining Knee Replacement Surgery performed at Hiranandani Hospital, Vashi-A Fortis Network Hospital



(L-R) Dr Pramod Bhor, HOD-Orthopedic Surgery, Fortis Hiranandani Hospital, Vashi, Patient Mr. Sharad R. Chalke and Dr Sudhir Dubey, Physiotherapist, after the surgery

A team of Orthopaedic Specialists led by Dr Pramod Bhor, HOD - Orthopaedics at Hiranandani Hospital, Vashi-A Fortis Network Hospital, gave a new lease of life to a 72-year-old male patient from Navi Mumbai, by conducting a Robotic Cruciate-retaining Knee Replacement Surgery. This is Western India's first life enriching robotic surgery, which offered the patient rapid recovery and drastically reduced post-operative pain. The patient had been suffering from bilateral knee pain for seven years; with the right knee being more affected. The patient, a Yoga enthusiast, had age-related deformities in both knees, making daily activities like walking and performing specific Yoga postures difficult. The pain aggravated in the past 7-8 months, making knee movement difficult and painful for him. Hence under the expert's advice, he decided to go for the surgery.

The key benefits of robot-assisted orthopaedic surgery over conventional orthopedic techniques are enhanced precision and accuracy, more reproducible outcomes, and reliability. Less tissue damage, fewer cuts and reduced blood loss leading to diminished chances of infection are other advantages. In most surgeries, the Cruciate Ligaments are sacrificed, which can lead to extended post-operative hospitalisation. Explaining the procedure further, Dr Bhor said, "Cruciate-retaining surgery stabilises the joint better and gives a more natural feeling. This results in patients being able to move and walk much faster and go back to their daily lives with minimum complications. We have done the first Robotic Cruciate-Retaining Knee Replacement Surgery in Western India, which is a golden milestone in advanced orthopaedic care."

Non-Invasive Leadless Pacemakers implanted for the first time in Chennai at Fortis Malar



(L-R): J Sophia Ansetta, Medical Superintendent, Fortis Malar Hospital, Adyar, Mr Chandrasekar, Facility Director, Fortis Malar Hospital, Adyar, Dr Babu, Interventional Cardiologist, Fortis Malar Hospital, Adyar, and the patient who underwent surgery



(L-R): Mr Chandrasekar, Facility Director, Fortis Malar Hospital, Adyar, Dr Babu, Interventional Cardiologist, Fortis Malar Hospital, Adyar and the patient

The Cardiac Sciences Team at Fortis Malar Hospital, Chennai, led by Dr Babu Ezhumalai, has successfully implanted the novel dual-chamber leadless permanent pacemaker through a non-surgical procedure in two elderly patients. These are the first reported cases of non-invasive Leadless Pacemaker implantation from Chennai.

One of the patients, a 60-year-old, was brought to Fortis Malar in a critical condition with heart attack and low heart rate. He was also suffering from renal failure, diabetes and hypertension, and was COVID positive at the time of admission. Since the patient was under dialysis and on blood thinners, the doctors had to identify a solution that would not affect his ongoing treatment. They opted for the dual-chamber leadless pacemaker that can be implanted non-invasively.

The second case was that of a 92-year-old man who presented with very low heart rate of 33 beats per minute and episodes of fainting. The implantation procedure lasted for approximately 30 minutes. He was discharged 24 hours after the procedure and is now able to carry out his daily tasks smoothly. In addition to dual chamber leadless pacemakers, many single chamber leadless pacemakers (Micra VR) have been implanted by Dr Babu Ezhumalai at Fortis Malar Hospital since 2019. The youngest person to undergo a single chamber leadless permanent pacemaker procedure was a 31-year-old woman with complex congenital heart disease.

Special Feature

Fortis Celebrates International NURSES DAY



Fortis Escorts Hospital, Amritsar



Fortis Hospital BG Road, Bangalore



Fortis Memorial Research Institute, Gurugram





Fortis La Femme, GK-2, New Delhi



Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Mohali



Fortis Escorts Heart Institute, Okhla, New Delhi



Fortis Hospital & Kidney Institute, Kolkata



Fortis Malar Hospital, Chennai



Fortis C-DOC, New Delhi



Fortis Hospital, Shalimar Bagh, New Delhi

Awards & Accolades

Five Fortis hospitals feature on Newsweek's World's Best Hospitals 2022 – India list

Rank	Hospital	City
14	Fortis Flt Lt Rajan Dhall Hospital	Vasant Kunj, New Delhi
22	Fortis Memorial Research Institute	Gurugram
23	Fortis Hospital, Mulund	Mumbai
45	Fortis Malar Hospital	Chennai
50	Fortis Hiranandani Hospital	Vashi, Mumbai

Newsweek, in association with Statista Inc, a global data research firm, has published the World's Best Hospitals 2022 ranking lists, featuring the best hospitals in 27 countries. The countries were selected based on multiple comparability factors, such as standard of living, life expectancy, population, number of hospitals and data availability. The hospitals stand out for their consistent excellence, distinguished team of clinicians, top-notch nursing care and world-class technology.

Fortis Corp Comm Team makes it to the 'Top 25 Brands with Best In-house Communications Professionals List 2021'

Fortis Healthcare has been recognised by Exchange4Media, a reputed media house, as one of the 'Top 25 Brands with Best In-house Communications Professionals.'

The winners were selected after a scrutiny of nominations, followed by a rigorous audit by Exchange4media's editorial team. The brands were judged on numerous parameters, including organisation market share, strength of their communication team, internal and external communications strategy in crisis management and key initiatives taken for stakeholders, among others.



Dr Sundeep Jain of Fortis Jaipur, honoured with 'Rajasthan Gaurav Award 2022'



Hon'ble Governor of Rajasthan Shri Kalraj Mishra honouring Dr Sundeep Jain

Dr Sundeep Jain, Director – GI Surgery, GI Oncology, HPB, Bariatric & Minimal Access Surgery, Fortis Escorts Hospital, Jaipur, was honoured with the prestigious 'Rajasthan Gaurav Award 2022' by the Hon'ble Governor, Shri Kalraj Mishra, at a gala ceremony on March 1, 2022. Dr Jain received the award, instituted by a prominent NGO, for his remarkable contribution to the field of medical sciences. Dr Jain has graciously dedicated the award to the entire GI Team at Fortis Jaipur.

Fortis Escorts, Okhla Road, New Delhi, stands second among 80 hospitals in cleanliness survey



The certificate



Team FEHI receiving the felicitation

Fortis Escorts, Okhla Road, New Delhi, has stood second in a cleanliness survey conducted by the South Zone of Municipal Corporate of Delhi (MCD). The survey and rankings was conducted as part of Swachh Survekshan, a ranking exercise taken up by the Government of India to assess the level of cleanliness and the implementation of Swachhata Mission initiatives in a timely and innovative manner. A total of 80 hospitals were evaluated on various parameters, including Biomedical waste management and Biomethanation. The top four were felicitated by Dr Ankita Chakravarty, IAS, Deputy Commissioner, MCD - South Zone on February 18, 2022.

Dr Mona Bhatia of Fortis Escorts, Okhla, selected as Convener of Cardiological Society of India



Dr Mona Bhatia

Dr Mona Bhatia, Director and Head - Cardiac Imaging, Fortis Escorts Heart Institute, New Delhi, has been selected as the Convener, Multimodality Imaging Council of the Cardiological Society of India. The selection was announced on January 30, 2022.

Dr Bhatia is pioneer in cardiac imaging, with over 30 years of experience including 13 years internationally in UK, UAE, Turkey, Switzerland and USA. She has held senior leadership and faculty positions in large university and private teaching institutions. Dr Bhatia holds the prestigious positions of Chair, International Regional Committee, India for the SCCT; Chair, Advocacy Committee, SCMR; Coordinator, Committee on Artificial Intelligence, Indian Radiological and Imaging Association; Member, Accreditation Committee and Principal Assessor: National Accreditation Board of Hospitals and Health Care Providers in Medical Imaging services; Member, Cardiac Imaging Subspecialty Committee, Indian College of Radiology and Imaging and Past Convener, Cardiac Imaging, Cardiological Society of India. Dr Bhatia is passionate about innovation and transformation, and is actively involved in driving technological innovations and artificial intelligence in healthcare.

Ms Bincy Thomas of Fortis Mulund bags top spot at National Conference for Association of Operating Room Nurses (AORN) 2021



Winners plaque for AORN National Conference 2021



Bincy Thomas with her winners plaque

Fortis Hospital, Mulund's Ms Bincy Sunil Thomas, Nurse Educator, has bagged the top spot at the two-day National Conference for Association of Operating Room Nurses (AORN) in the 'Concept Mapping' category. The theme of the conference was 'HORIZON - Achieving Excellence in Perioperative Nursing Care through AORN'. Ms Bincy's Concept Map was prepared on the topic 'Prevention of Errors in OR'. The concept was designed based on best practices followed in the Operating Rooms of Fortis Hospital,

Mulund, with focus on patient safety aspects like Surgical Safety Checklist, Prevention of Retained Surgical Items, Specimen & Medication Labelling, Thermal Injury Prevention, etc. The award was presented virtually to Ms Thomas on the November 28, 2021, followed by informative sessions by the award winners.

Fortis Mulund's Ms Sherin Chandy bags 'Best Scientific Paper Presentation' award at international e-conference, 'A Life Without Pain'

Ms Sherin Chandy, Pain Management Nurse, Fortis Hospital, Mulund, has won the 'Best Scientific Paper Presentation' award at an international e-conference, 'A Life Without Pain.' The award was virtually presented on January 28, 2022. Ms Sherin had presented a paper on 'Patient Controlled Epidural Analgesia



Ms Sherin Chandy with her certificate



Sherin Chandy's certificate of appreciation

versus Continuous Epidural Analgesia after Total Knee Replacement - A Comparative Study.' The study compared the analgesic efficacy of Epidural Analgesia through Patient Controlled Analgesia (CADD) pump and Elastomeric pump for patients who underwent Total Knee Replacement.

The conference had been organised by a prominent Mumbai-based Nursing college in collaboration with the Nursing Teachers Association and was attended by over 190 delegates.

Engagement

International Infusion Nurses Week celebrated at Fortis Hospital, Anandapur, Kolkata



Quiz Competition



Prize Distribution



Road Show



Poster Competition



Fortis Hospital, Anandapur, Kolkata, celebrated International Infusion Nurses Week from January 21-25, 2022. The event was coordinated by the Quality, Education and the Infection Control teams, and focused on building awareness as well as enhancing knowledge about safe intra-venous (IV) infusion practices such as hand hygiene, cannula insertion, and management and care of IV lines through various activities.

Some of the salient events included an engaging quiz competition, 'Kaun Banega Infusion Champion.' Ms T. Sharmee Devi, Infection Control Nurse, bagged the first position in an online quiz. A webinar on 'Maximizing Catheter Dwell Time: Peripheral Focus' was held and a poster design competition on 'Safe Infusion Practices in COVID Pandemic' was organised. The jury included Dr Arindam Chakraborty, Microbiologist, Dr Maitree Saha, Microbiologist, Ms Doli Biswas, Chief Nursing Officer, Ms Sathya Anand Kumar, DCNO, Ms Chandralekha Pyne, ACNO, Ms Banani Bhattacharya, ACNO and Ms Mita Shukla, Dietitian. A knowledge sharing session on different size of IV cannula and their role in safe infusion was held, followed by an online webinar on 'Safe Infusion Therapy.'

The week-long celebrations ended with a prize distribution ceremony, graced by Dr Maitree Saha, Microbiologist, Dr Sourav Bhowmick, Microbiologist, Dr K. Ashis Patro, Senior Officer - Medical Admin, Ms Doli Biswas, Chief Nursing Officer, Ms Sathya Anand Kumar, DCNO and Ms Banani Bhattacharya, ACNO.

Over 70 nurses at Fortis BG Road, Bengaluru, attend day-long training session on cancer care



Dr Niti Raizada addressing the nurses



Lamp lighting by Sis Latha and Mr Parveen Wali



Dr Gayana S. addressing the nurses



Sis Latha Nonis, CNO, addressing the nurses



Team of doctors along with nurses during the session

Fortis Hospital, BG Road, Bengaluru, conducted a Continuing Nursing Education (CNE) event for over 70 nurses on February 22, 2022, for the nursing staff at the hospital. The programme began with the ceremonial lamp lighting by the leadership team. Dr Priya Gautham, Medical Director, Mr Praveen Wali, Head - Non-Medical and Ms Latha Nonis, Chief Nursing Officer, encouraged and inspired the participants with their messages.

This was followed by a series of sessions wherein senior doctors shared their knowledge. Dr Niti Raizada, Director - Medical Oncology and Hemato Oncology, gave an overview of cancer. Dr Gayana S, Consultant - Nuclear Medicine, shared insights on the importance of Nuclear Medicine in cancer. Ms Sunithamma Tomy, DCNO, gave an overview of Oncology Nursing. Ms Leena M, Staff Nurse, explained details of delivering care to patients with Bone Marrow Transplant. The event concluded with Mr Pradeep Pavithran, Onco Nurse, sharing an overview of insertion and maintenance of PICC Line.

'Fortis Falcon' lifts Fortis Bangalore Cricket League trophy



The Winning team with the trophy



Runner up team with the trophy



Team picture



The Fortis hospitals in Bangalore jointly organised the third season of Fortis Bangalore Cricket League (FBCL) on February 26, 2022. This was followed by a prize distribution ceremony at the Chinnaswamy Stadium on the next day.

Eight teams, representing all the Fortis units across Bangalore, battled it out at the tournament. The names of the teams were BG Shield, BG Falcons, BG GajaKesari, CG Challengers, CG Crusaders, Lafemme United, Rajajinagar Royals and Nagarbhavi Lions. Each team comprised of staff members drawn from various groups such as Doctors, Nursing, Paramedical, Non-medical and Senior Leadership. Fortis Falcons won the tournament while Nagarbhavi Lions were the runners-up.

Fortis Shalimar Bagh, New Delhi, implements a unique nursing in-service programme – Study Day



Glimpses of the Inaugural Lamp lighting ceremony



Interactive In-Service sessions



Role-plays and group activities



Practical Demonstrations & Re-demonstration Session

'Study Day' is a rostered and structured seven-hour session that is a mixture of lecture cum discussion, demonstration sessions, case presentations, self-study modules, role plays and activities among others. The training will provide the staff six hours of in-service training per month without the stress of attending six separate days of one hour sessions. Study Day for each staff will be planned into the duty roster and therefore a high compliance in attendance is expected.

The first session was inaugurated on February 2, 2022, by the senior leadership team, including Mr Mahipal Singh Bhanot, Head – SBU, Dr Gurvinder Kaur, Medical Superintendent, Ms Girja Sharma, Chief of Nursing and Ms Shubhra Saxena, Head – HR along with the senior nursing team. The programme aims to increase the compliance of nursing mandatory training hours with ease and convenience to nurses, provide a conducive environment for learning and team building ultimately to improve patient safety and standardise care.

Fortis Rajajinagar, Bengaluru, conducts Deep Vein Thrombosis Prevention Certification training session



Nurses during the training session



Glimses of the event



Dr (Wg Cdr) A Nagasubramaniam, Facility Director, handing over the certificates to the participants

On the occasion of Patient Safety Awareness Week, Fortis Rajajinagar, Bengaluru, conducted a Deep Vein Thrombosis (DVT) certification training programme for Nurses and Doctors on March 16, 2022. Sr Shashikala, CNO, organised the programme. Dr (Wg Cdr) A Nagasubramaniam, Facility Director, inaugurated the programme along with Dr Jyoti Jaiswal, Medical Head and Sr Shashikala, CNO.

The programme focussed on enabling doctors and nurses to learn and identify early warning signs of DVT, the role of the treating team in prevention of DVT and the mechanical measures to prevent DVT. The usage of sequential compression devices for long stay patients and major post-operative patients was taught. Post training, an interactive session was organised to help the participants consolidate the learnings and carry home key messages. Dr Navya and Nurse Moorthy were the toppers in the post training test.

Fortis Hospital, Cunningham Road, Bengaluru, celebrates 'IV Nurse Day'



Ms Komal Naik, Regional Quality Manager, delivering a talk



Lamp lighting by a team of nurses



Glimpses of the event

Fortis Hospital, Cunningham Road, Bengaluru, observed 'IV Nurse Day' on January 28, 2022, to recognise the Infusion Nurses. Infusion care is an exceedingly patient sensitive process, requiring significant skill and knowledge.

The event commenced with an auspicious lamp lighting by the leaders followed by a session on 'History and Evolution of IV Cannulation' by Ms Girija from the Education Department. Ms Komal Naik, Regional Quality Manager, delivered an inspiring talk. She then rewarded the nurses with a token of admiration. The event also included fun-filled informative activities such as quiz on Infusion Therapy, Poster Competition on 'Prevention of IV Cannula Complications.' A skill-building activity, 'Confident in Cannulation,' was also organised. Post training knowledge audit checklist for 'phlebitis' was given to all the staff nurses who participated, to assess their domain knowledge of Phlebitis Risk Minimization Standard of VAD care. The winners received a token of appreciation from Ms Roshini, CNO.

Fortis Shalimar Bagh, New Delhi, celebrates World IV Nurse Day



Glimpses of the event

World IV Nurse Day was celebrated at Fortis Shalimar Bagh, New Delhi, with great enthusiasm on January 25, 2022. The day-long event included online session on IV complications and VIP score assessment. Over 80 nurses participated in an online quiz in which six participants scored 100% while 31 scored 80% or more. An inter-facility awareness drive was also conducted. The Nursing Education Department promoted the theme of this year's IV Nurse Day, 'INS Strong,' implying strong initiatives, strong nurses and strong standards.

Celebrated globally since 1981, IV Nurse Day aims to appreciate all individuals who have dedicated their lives to providing patients with the best infusion care. Apart from generating awareness and expressing gratitude for this specialised profession, the day underscores the need for continuous up-skilling and dedication to the cause of quality patient care.

'IV Nurses Day' celebrated at Fortis Hospital, BG Road



Brain storming session on IV therapy



Sensitizing the nurse about safe infusion practices



Finalists selected for quiz competition



Prize distribution

Fortis Hospital, BG Road, Bengaluru, celebrated 'IV Nurses Day' on January 25, 2022. The event focused on sensitising the nurses about the importance safe infusion practices by the Infection Control Nurses and Quality Nursing Team. The Nursing Training Team organised a quiz competition on different aspects of IV therapy, in which 50 nurses participated actively. The Nursing In-charge and senior nurses participated in a Webinar on Vascular Access Device. The special day concluded with prize distribution to the winners of the quiz and appreciation of all the organisers and the participants for their enthusiastic participation in the various activities during the day.

Fortis Escorts, Okhla Road, celebrates World IV Nurse Day



Nurses holding placards, celebrating World IV Nurse Day

Fortis Escorts Heart Institute (FEHI), Okhla Road, celebrated World IV Nurse Day on January 25, 2022. The event underscored the IV nurses' need for continuing education, advocacy and professional development as infusion specialists. The theme of the event was 'Infusion Nurse Society Strong.' As part of the event, the nurses were sensitised about the significance of safe infusion practices in the context of improving patient care and the role of dedicated IV nurses.

An online training session was conducted about the 'Infusion of Alumab L (Itoluzumab) and Cytosorb - Antibody Monoclonal Therapy' by an external faculty. Dr Rajat Agarwal, Additional Director - Critical Care Medicine, Fortis Escorts, Okhla Road, led a session on 'Real World Experience with Cytosorb.'

The day was well spent with prevalence audit, appreciation of best practices, educational training video on 'Best clinical IV practices,' and a cake cutting ceremony.

Fortis Hospital, Mulund, celebrates World IV Nurse Day 2022



(R-L) Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital Mulund with the participants



Treasure hunt session is underway



Rapidfire quiz session is underway

Departments across Fortis Hospital, Mulund, celebrated World IV Nurse Day on January 25, 2022, with much gusto. IV therapy is one domain of nursing which warrants specialised skills with regular knowledge update. The focus of the 'IV Nurse Day' celebration was creating awareness among nurses about safe infusion practices, thereby strengthen patient safety and promoting optimal health. Actions taken included informative as well as fun filled activities for senior and junior nurses, as well as Nurse In-charges. The nurses were segregated into teams and nursing engagement activities included Bombing the Complications - session on VIP scoring and identifying IV complications, Crossword Competition, Mindscape (Quiz Competition) and Treasure Hunt. The IV Nurse Day was also an apt day to recognize nurses nominated by the department heads who are highly skilled in IV insertion with the 'IV Champion Badge'. The special day concluded with awards and appreciation for the winners; the event was well appreciated by all.

Events

International Women's Day celebrated at Fortis Escorts Hospital, Faridabad



Glimpses of the event

A fun filled International Women's Day celebration event was organised by Fortis Escorts Hospital, Faridabad, on March 8, 2022, for its female employees. Dr Ritu Garg, Head SBU – FMRI, was invited as the Guest of Honour. The event was inaugurated by Dr Ajay Dogra, Facility Director, Fortis Hospital, Faridabad. Thereafter, Dr Ritu Garg addressed the audience and shared her journey and real life experiences.

A specially designed planner was gifted to all the female employees with the Facility Director's personalised message and a cake was cut by all the attendees. Lots of fun was added by Ms Jagriti Sharma, from Mental Health Department-Fortis Hospital, Faridabad, who conducted Stress Management workshop where participants relieved their stress via dance and fun filled activities. An informative and engaging talk by Ms Kiran Dalal, Head Dietetics-Fortis Hospital, Faridabad, was delivered on Women's Healthy Diet Do's & Don'ts wherein participant queries were addressed by her.

Over 200 underserved women avail of free health screening as part of Fortis Bengaluru's International Women's Day initiative



Beneficiaries of the event



Representatives from Fortis



Dr Gayatri providing her insights



Dr Gayatri addressing the women

To provide quality healthcare to underserved women, the Fortis hospitals at Bannerghatta Road and Richmond Road, Bengaluru, along with an NGO partner conducted a health screening and educative session for around 200 women on the eve of International Women's Day. The event, conducted on March 7, 2022, targeted women domestic helps and security personnel. As part of the programme, the women underwent a routine blood test and tests for vitamin D deficiency. Folic acid, Vitamin B12 and other nutritional supplements were distributed along with masks and sanitisers. An educative session on nutritional sufficiency, menstrual health and other issues plaguing women in this age group and background was also conducted by Dr Gayatri Kamath, Senior Consultant - Obstetrics & Gynaecology, Fortis Hospital, Bannerghatta Road.

SAKSHAM - Speciality Certification Programme for CTVS nurses held at Fortis Escorts, New Delhi



Fortis Escorts Heart Institute, New Delhi, conducted a Valedictory Function of SAKSHAM-Certification Programme for CTVS Nurses. The programme was led by Dr Z S Meharwal, Executive Director and Head - Adult Surgery, Heart Transplant & VAD programme and supported by the Administration and Nursing teams. The programme focused on enhancing the bedside clinical skills of nurses.

A comparison of the pre and post-assessment test scores showed a significant improvement (60%) in 30 CTVS nurses. Going forward, the journey will continue to focus on developing clinical skills on-site. A periodic re-assessment by clinicians along with continuous feedback will be carried out to assess the sustainability. As part of the programme, continuous guidance and supervision is provided to the nurses by the clinicians and educators.

The programme was addressed by Dr Z S Meharwal and Dr Ritwick Raj Bhuyan, followed by felicitation and distribution of certificates and badges to all the participants.

Second edition of 'Rendezvous with Team Fortis' – Public Sector Enterprise meet held in Kolkata



Glimpses of the event

'Rendezvous with Team Fortis', an event for networking with Public Sector Enterprises and Govt. Institutions, is a platform where who's who from the PSUs are present and key clinicians and senior leadership from our units are available for networking. After the success of this event in Delhi NCR, the Domestic Sales Team has organised the second edition of 'Rendezvous with Team Fortis' event in Kolkata on the February 25, 2022. The event attracted over 100 representatives from PSUs and Govt. Institutions from the Eastern region. This platform promotes interaction amongst the leadership of PSUs as well as senior leadership from our units.

Fortis Mohali felicitates first batch of Medication Nurses under SAKSHAM programme



Snapshots of the felicitation ceremony

As part of SAKSHAM - Medication Nurse Certification Programme, Fortis Hospital, Mohali, felicitated the first batch of Medication Nurses on December 17, 2021. Mr Abhijit Singh, Head-SBU; Air Marshal (Dr) RK Ranyal, Medical Director; and Dr Subhash Chander Varma, Director, Haematology and Internal Medicine, presented certificates and mementos to the participants.

This five-month Medication Safety programme was initiated by Dr Shivani Juneja Bedi, Associate Consultant, Department of Clinical Pharmacology, in July 2021, which comprised of a batch of 20 nurses, under the guidance of Dr. Bedi and Capt. Neelam Deshwal, former Chief of Nursing, Fortis Hospital Mohali.

The programme aimed at better understanding of the medication use process, empowering nurses on safe use of medication, reducing harm to patients from medication, accomplishing the required therapeutic outcomes and cutting down drug administration error rate. 12 nurses cleared the assessment as per the defined benchmark and were felicitated for this accomplishment.

Community Connect

Fortis Memorial, Gurugram, marks World Kidney Day with support group event



The participants along with Dr Salil Jain

On the occasion of World Kidney Day, Fortis Memorial Research Institute, Gurugram organised a support group for dialysis patients and their caregivers on March 10, 2022, under the guidance and supervision of Dr Salil Jain, Director & HOD, Nephrology & Renal Transplant. The support

group was attend by 52 patients undergoing dialysis along with their care givers. In this interactive session, the patients were addressed on topics like diet for dialysis patients, importance of physical activities and exercise for staying healthy and understanding the lab tests requirement on regular basis.

Addressing the audience, Dr Jain said, "Today, we are celebrating the spirit of those patients who are undergoing dialysis and celebrate their never-give-up attitude. On this occasion, I want to emphasise on two points - ensure that a dialysis patients take proper protein diet and do not miss their dialysis. I urge caretakers and patients to take a note of their mental health and not let depression or negative thoughts set in. Don't treat dialysis as a diseases, but adopt it as a way of life which is making your life better and is making you healthier."

Fortis Hospital, Noida, observes World Hearing Day



Glimpses of the event

Fortis Hospital, Noida, celebrated World Hearing Day on March 5, 2022, with 15 children in the 3 – 15 age group, who had undergone cochlear implantation at the hospital. The event was graced by Dr Shanu, Medical Superintendent, Dr Savyasachi Saxena, Consultant - ENT, Dr Shikha Sharma, Consultant – ENT and Dr Ashutosh, HOD- Paediatrics. Piyush Barjatya, Head – Sales & Marketing, Fortis Hospital, Noida, Ms Shravasti Banerjee, Audiologist and Speech Therapist, Mr Ankur Chopra, Clinical Audiologist & Speech-Language Pathologist, and other administrative staff of the hospital were also present on the occasion along with the parents and guardians of the children. The children thoroughly enjoyed the fun games organised for them. This was followed by a cake cutting ceremony. The children also received gifts and goodies.

A speech on hearing loss prevention and importance of early intervention was delivered by the by Clinical Audiology and Speech-Language Pathology experts followed by an insightful note by a parent regarding the journey of a child with hearing loss. The event was appreciated by everyone.

Meet Our Clinician



Dr Supriya Amey
 Facility Director,
 Fortis Hospital Kalyan

You have keen interest in singing. When did you discover your passion for this art?

I started training in classical singing at the age of 8 years, not because I had liking for it, but it was a family culture to pursue either singing or a musical instrument. Music was very much part of family tradition. Both my parents were inclined towards music, and more so Indian classical. My father was a great fan of stalwarts in classical singing like Pandit Bhimsen Joshi, Pandit Kumar Gandharva, Vasant Rao Deshpande and many others, and it was routine to listen to them every evening. My mother sings well and recites *bhajans* and my father plays the Harmonium.

Did you receive a formal training, or are you self-taught?

As years passed by, I continued to get training in classical music and completed 2 levels of the 7 total levels. One is bestowed with the title *Sangeet Visharad* upon completion of all 7 levels. My father wanted me to become a classical singer or a doctor, and I chose to become a doctor. That's how my connect with classical music got interrupted, and I had to stop pursuing training my training towards becoming a *Sangeet Visharad*. However, for one to continue classical singing, periodic practice or *Riyaz* is required which I couldn't continue, as my academics and further medical education commenced.

I was always part of programs and annual functions, in orchestras during college years and I enjoyed the rehearsals & humming to music. Performance on stage was not easy but I continued to participate in every stage performance in schools, college, society premises, etc. That's how my skills were getting brushed up.

Beyond increasing focus, relieving stress, and uplifting mood, what other benefits do you experience from singing?

Listening to music is a great stress buster and it gives me company when I am alone. Similarly, singing when I am alone is my 'me time' and I can spend hours together without realising sometimes how the entire day gets spent.

What do you think has been your greatest takeaway from singing? And do you sing across various genres, or prefer classical?

Music helps increase your focus. We know one complete verse comprises of 7 notes 'Sa' to 'Re' and it requires extreme accuracy to hit on exact notes.

Anything that you would like to share with our readers

I am looking forward to getting back to *Riyaz* on classical music not because I want to sing professionally someday, but I believe it will make me more authentic in my thoughts and my actions.



Meet A Nurse

Mr Prabhdev Staff Nurse MICU, Fortis Hospital, Ludhiana



Why did you choose nursing Profession?

I Prabhdev Singh had a passion for the medical field since my childhood. When I was child i use to run around in a white sweater and wearing a plastic steathoscope, acting lika a professional.I decided to become a Nurse when I witnessed nurses taking care of my mother when she was hospitalized. After seeing this my empathetic nature encourage me to move forward to choose this profession. Although it was very difficult & heart aching experience, but still I want to become a professional nurse and give my best to the suffered people who are fighting for better health.

Journey at Fortis-

I started my journey at fortis hospital Ludhiana in 2017.In initial stage I worked as staff Nurse in MICU-1 under supervision of my seniors, where I learned management of Critically ill patient throughout this journey my seniors and Incharges support me a lot. Their motivation and guidance help me to move forward and help me to improve my skills. As a result I got opportunity to work as a In charge in the same department. Now I am supporting and guiding my team to improve quality of care. Overall, my Journey at fortis Ludhiana is pretty Good.

Most Interesting fact of work-

As we know that Nursing is considered the most honest & ethical profession. When patient health is improved and patient is discharged or step down from critical unit their smiling faces means a lot to me. When Aged people showers their blessing upon me, that cheerful glimps in their eyes feels me blessed & proud. The most important fact when patient came back for follow up and calling me with my name, that is a interesting moment.

What has been most memorable moment-

During Covid pandemic, when we all working as covid warriors. I remember a patient whose name is Neem Jain who was covid positive with severity of symptoms. He was in Isolation room and no one is allowed to meet him. We are the family member for him. When he was about to discharge after getting stable, He sang a song for us and made a video. He took our name in his song & appreciate me in a very good manner. After Discharge ,he was in our contact for long time. That was a most blessed and memorable moment for me. I still remember his smiling face.

Interest and Hobbies-

I like to sing & listen old songs.I am die heart fan of legends classical singers Mohammed Rafi and Kishor Kumar. Apart from this, I would like to play Cricket when I get time.

Wall of Fame

Fortis Hospital Vadapalani

I would like to thank Dr Mohan for his effort which he showed and helped me recover through my pain as I had a fall at home and sustained injury in my hip and after coming for consultation with Dr.Mohan, I was diagnosed to have a fracture neck of femur so I underwent Bipolar hemiarthroplasty, uncemented and made me to walk next day. Thankyou for giving immediate treatment and Dr.Mohan made me feel like I'm a family he took care and gave me explanation on my treatment very clearly.



Dr Mohan

Appreciated by :
Mrs Jayalakshmi

Fortis Hospital Kangra

S Seema devi
1 review

★★★★★ 2 weeks ago **NEW**

I had very good experience at Fortis Hospital Kangra. My grandmother was shifted to the Army Hospital in emergency with a very high level problem. Doctors and staff immediately started treatment. Dr. Kuldeep are very experienced and qualified. Staff are also experienced.



Dr Kuldeep Kumar

Appreciated by :
Seema Devi

Fortis Hospital Mohali

Pt Pawan Kumar has been treated under Dr Anupam Jindal. He is considerate and prompt. We came in the emergency and quick response was given by the docs and staff. He is Very Nice and Down to Earth, And He is Very soft spoken. And we are satisfied with the services and recommend also.



Dr Anupam Jindal

Appreciated by :
Mr Pawan kumar

Fortis Hospital Rajajinagar



GOPI KRISHNA

4 reviews

★★★★★ 2 weeks ago **NEW**

Overall experience was good, the nursing staff, internship students and doctors were treating well in the hospital. Housing keeping staff were treating well with care. Dr.Rao who treated my mother, he treated her well. The maintaining of ICU and Normal ward was hygienic and clean. Canteen staff would have been better as we use to remind them for food and delayed service.

The ICU nurses treated my mother well.

I would like to thank Reshma and Rasool(House Keeping Staff), Dr. Rao(Pulmonologist) and Sizi(Nursing Staff).



Dr B S Rao

Appreciated by :
Mr Gopi Krishna

Fortis La Femme, GK-2, New Delhi



Patient Feedback

Dear Team,

I really appreciate Dr Neena Singh for her quick response and her operative skills. All staff members are very professional and co-operative.



Dr Neena Singh

Patient Name: Dr Shruti Shah*
For **Dr Neena Singh**



*Name changed to protect patient identity

Appreciated by :
Dr Shruti Shah

Fortis Malar Hospital

We consulted Dr Nithya for my grandmother's uterus problem. She immediately diagnosed her issue and suggested for the surgery (uterus removal along with anterior colporrhaphy and rectocele repair and pelvic floor repair). We initially worried about the procedure because of her age factor and health conditions but Nithya mam gave us the confidence and then surgery went well. Later she got discharged in four days and now she is recovering at a good rate.

Thanks to Dr. Nithya. she was our family consultant for very long period. Thanks to the hospital staffs for the good care.



Dr Nithya Ramamurthy

Appreciated by :
Mr Mukesh Mohan

Fortis Hospital Noida

We are very grateful to Dr Ajay Kaul, Dr Sameer and team, as they were God's angel to him.

Nursing Staff have been like my mother at every step, every moment of my treatment.

Food had been good and delivery boys were great

Housekeeping Staff have been very supportive and gave brother like feeling every time

Fortis administrative was wonderful to him.

And above all the whole Fortis Administration was wonderful

Thank you.



Administration

Appreciated by :
Mr Ashu Gupta

Fortis Hospital C-Doc

S sunil raghav
3 reviews

★★★★★ a week ago **NEW**

This is my great experience with respected The Great Dr Anoop Mishraji..He is Awesome. Also the front desk / reception head M&s Jyoti is helping n very professional. Keep it up. With warm Regards - Sunil Raghav

 Like

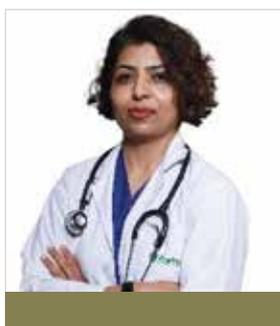
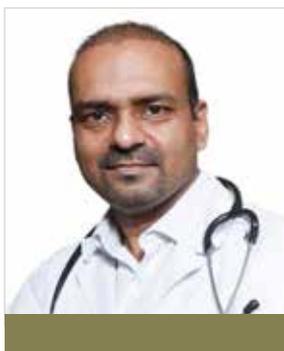


Prof (Dr) Anoop Misra

Appreciated by :
Mr Sunil Raghav

Hiranandani Hospital, Vashi, Mumbai

1) All doctors Are proficient and have expertise in their field They share complete information about patient's treatment and possible Side effects our father has recovered well due to time action Of all doctors and we are thankful to them Dr Pawan Ojha, Dr Digvijay Jagtap , Dr Preyas Vaidya ,Dr Mirza , Dr Kumar Dudhane, Dr Farha Ingale, Dr Sumit Mehta & Dr Orpha Kalel.



2) Nurses work in tandem. They do their jobs cheerfully. Nurse Nisha & team Nurse Philo & team have taken good care of our father they have 'Can Do Approach nurse Shilpa is good at interpreting hand & facial gestures Nurse Kavya has the information on tips of her fingers All nurse, smile when they do their work. This is important For Patient recovery and to boost patient morale.



SICU Team



Ward Team

Appreciated by : Mr Ratnakar Pai

Fortis Hospital Kalyan

The staff was available whenever required and was very helpful. Surgery was done very well. The doctors were well experienced and made us feel comfortable even though we had little fear regarding the operation. Overall a very good experience.

Name of the Fortisians :

Dr Ashok Borisa, Poulet Sister, Sreeja Sister, Prajakta Sister And Varsha Sister

Appreciated by : **Mr Deepak Shinde**

Fortis Hospital Anandapur, Kolkata

Team,

I was admitted to your hospital on Jan 16, 2022, and discharged on Jan 21, 2022. My bed no. was 922.

Wanted to share my heartfelt appreciation for your staff: all doctors, nurses, and your support staff, for their exceptional service during the time I was admitted.

To my doctors: Dr. Manish Ganguly and Dr. Basab Sarkar, for their exceptional competence in my treatment, and empathy in dealing with a patient and her concerns and questions.

To the amazing nursing staff: Supdt: Mrs. Dolly Biswas, her team comprising Joysree Pal, Reema, Papri for making me feel at home with their excellent service. Namita, Nidhi, Rakhi Kirtanya, Mamta Shaw also deserve special mention.

To your excellent dietician and her team for serving up a diverse array of delectables throughout the day to aid in my convalescence.

To your housekeeping staff for their tireless work in ensuring a clean, safe, hygienic environment.

Wish you and all your staff the very best!

Warm Regards,

Mrs. Bubu Basu

Name of the Fortisians :

Dr Manish Ganguly, Dr Basab Bijay Sarkar,

Sister Doli Biswas and her team Sister Joysree Pal, Sister Reema, Sister Papri, Sister Namita, Sister Nidhi

Sister Rakhi Kirtanya, Sister Mamta Shaw, Dietician Team, Housekeeping Team

Appreciated by : **Mrs Bubu Basu**

Photo Feature

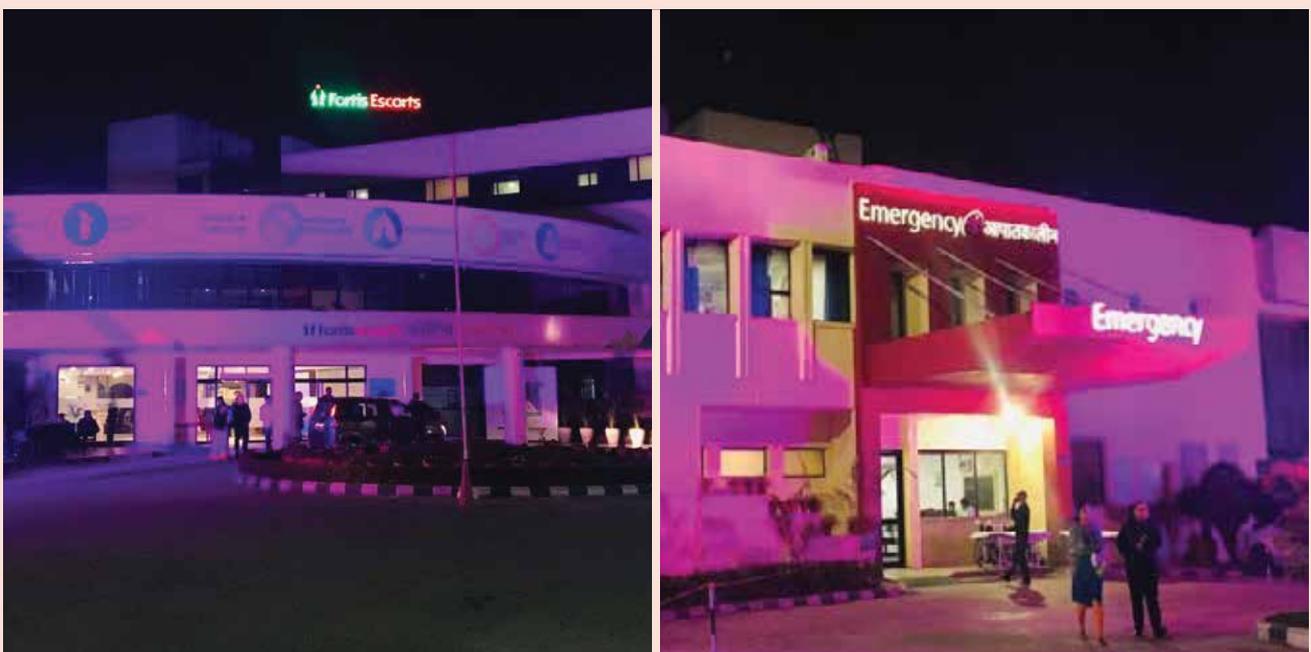
World Cancer Day observed across Fortis

Fortis Hospital, Shalimar Bagh, New Delhi



On World Cancer Day 2022, Fortis Hospital, Shalimar Bagh, New Delhi, inaugurated a dedicated OPD complex for Fortis Cancer Institute. The inauguration ceremony was attended by Mr Anil Vinayak, Group COO, Dr Bishnu Panigrahi, Head – MSOG, Mr Mahipal Singh Bhanot, Head – SBU and senior clinicians from the Oncology Team.

Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Faridabad, focused on spreading awareness as part of its World Cancer Day 2022 campaign. The hospital building was illuminated with purple light as part of the initiative.

Fortis Hospital, Ludhiana



Fortis Ludhiana organised an event wherein the Oncology Team led by Dr J. S. Sekhon, Director - Oncology, Dr Harish Matta, General & Oncology Surgeon, Dr Parveen Kaur, Radiation Oncologist, Dr Ravinder Singh Sidhu, Nuclear Medicine and Dr Anish Bhatia, Oncology Surgeon interacted with patients and their attendants. They spread awareness by the key symptoms and early warnings, facts and trends, and ways to prevent some types of cancers. A cake was cut to spread good cheer and cancer survivors related their journey, kindling hope.

Fortis Hospital, Anandapur, Kolkata



The Nursing Education & Infection Control Teams spearheaded the World Cancer Day event at Fortis Anandapur, focusing on the theme "Close the care Gap." The event began with lamp lighting ceremony in presence Ms Richa S Debgupta, Chief of Strategy and Operations (Chennai, Jaipur & Kolkata), Dr Anuradha Majumder, Medical Superintendent, Dr Akhilesh Singh, Hepatobiliary Surgeon, Mr Abdul Rashid, Head - HR, Ms Doli Biswas, CNO, Ms Sathya Anand Kumar, DCNO and team. A number of awareness building events were organised for the community and the efforts were heartily appreciated by Mr Pratyush Srivastava, Head – SBU.

Congratulations

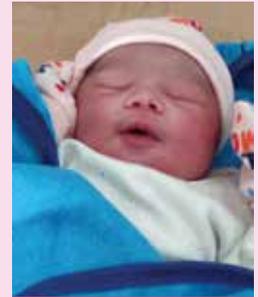
New Additions to the Family



Baby of Dr Nikhil Bansal - Ludhiana Unit



Baby of Akshay Saini - Jaipur Unit



Baby of Anas Murad - Jaipur Unit



Baby of Dr Anil Kumar Patel - Ludhiana Unit



Baby of Hakim Singh - Faridabad



Baby of Nagamani - Nagarbhavi Unit



Baby of Pradeep Kumar - Faridabad Unit



Baby of Ram Nivas Jatav - Faridabad Unit

Happy Wedding



Mahendra Kumar Vijay - Jaipur Unit



Niveditha C S - Nagarbhavi Unit



Rakesh Kumar - Faridabad Unit